



Illinois has over 200,000 children under the age of 18 that are living in a grandparent – headed home. Many grandparents are caring for their grandchildren. The Grandparents Raising Grandchildren Program began in 1996 with a grant from the Brookdale Foundation.

Resource Guide for Grandparents Raising Grandchildren Program

After School Programs

Hephzibah Children’s Association

Hephzibah offers a sliding-scale payment, enriching day care for Oak Park children after school and during the summer months.

1144 Lake St #5 Oak Park, IL 60301

Phone: (708) 649-7140

Website: <https://www.hephzibahhome.org>

Kumon Math and Reading Center of Oak Park

At Kumon students advance through the program at their own pace.

Our emphasis on individualized learning helps your child become focused, motivated and self-reliant.

137 N Oak Park Ave, Oak Park, IL 60301

Phone: (708) 306-4472

Age 3+ Class Hours: Monday, Tuesday and Wednesday 4pm-7pm

Saturday 10am-12:30pm Closed: Thursday, Friday and Sunday

Email: vijayhira@ikumon.com

West Cook YMCA Before and After School

Extended hours until 7am-9am and from school dismissal to 7pm

Kindergarten- 8th grade New* Location St John Lutheran Church

305 Circle Ave Forest Park, IL 60130

Phone: (708) 383 5200

Website: www.westcookymca.org

Behavioral Health

Advocate Medical Behavioral Health Center

1610 Luther Lane
Park Ridge, IL 60068
Phone: (847)518-1800 Hours: 8:30am- 5:00pm
Website: <http://www.advocatehealth.com/cmc/behavioralhealth>

Alexian Brothers Behavioral Health Hospital

1650 Moon Lake Boulevard, Hoffman Estates, IL 60169
Phone: (847) 882-1600
Email: www.abbhh.org

Suburban Behavioral Health Services

1S443 Summit Ave #201
Oakbrook Terrace, IL 60501
Phone: (630) 613-9800
Hours: Sunday closed, Monday and Tuesday-8:30AM–6PM
Wednesday, Thursday and Friday 10AM–6PM Saturday- 9AM–12PM
Website: <https://www.sbhs-chicago.com/contact/appointment>

Crisis Resources

[National Suicide Prevention Lifeline](#)

[800-273-TALK \(8255\)](tel:800-273-TALK)

National Alliance for Mental Illness (NAMI)

816 Harrison St.
Oak Park, IL 60304
Phone: (708) 524-2582
Hours: Monday, Wednesday and Friday 1-7pm
Tuesday and Thursday 3-7pm Saturday and Sunday 2-6pm
Website: www.namimetsub.org

The Living Room in Broadview

A safe place where you can talk with a peer if you are experiencing life's emotional stresses.

1917 W Roosevelt Rd
Broadview, IL 60155
Phone: (708) 498-0200

Counseling and Therapy

Leyden Family Service and Mental Health Center

10200 W Grand Ave
Franklin Park, IL 60301
Phone: (847) 451-1652 Therapist
Program Hours: Monday – Friday 9:00am-5:00pm
Website: <http://www.leydenfamilyservice.org/>

Cicero Family Services

The Center provides individual, couples and family counseling. We can provide you with a referral to a psychiatrist to evaluate and treat clients who may benefit from medication to control debilitating symptoms.

5341 W Cermak Road
Cicero, IL 60804
Phone: (708) 656-6591
Email: agency@cicerofs.org Website: <http://cicerofs.org/>

Pillars the Fillmore Center

Services: Counseling, Crisis Intervention and Outpatient Psychiatry
6918 Windsor Ave
Berwyn IL 60402
Phone: (708) 795-4834
Website: <http://www.pillarscommunity.org>

Housing

Housing Forward Maywood Office

Emergency shelter, transitional housing, day time support center, and homeless prevention services. Formerly West Suburban PADS

1851 S 9th Ave
Maywood IL 60153
Hours: 8:00am-3:00pm Closed: Saturday and Sunday
Phone: (708) 334-1745 Toll free: 888-334-1744
Website: www.housingforward.org/get-help

Housing Forward Oak Park Office

Emergency shelter, transitional housing, day time support center, and homeless prevention services.

6634 W Roosevelt Rd 2nd Floor

Oak Park, IL 60304

Monday, Thursday and Friday 9am -3pm Tuesdays 9am - 1 pm and 3pm -7pm

Wednesdays: 9 a.m. to 1 p.m. Saturday and Sunday: Closed

Phone: (708) 338-1724

Website: www.housingforward.org/get-help

Community Support Services

Help with Financial assistance for rent, mortgage, eviction, and other social services in Suburban Cook West.

9021 Ogden Ave

Brookfield, IL 60513

Phone: (708) 354-4547

CCSO@cookcountyil.go

The Oak Park Housing Authority

Today, the OPHA acts as the public housing authority for Oak Park and administers various Federal programs that assist the Village's low-income population in finding decent and affordable housing.

21 South Boulevard

Oak Park, IL 60302

Phone: (708)386-9322

Website: www.oakparkha.org

Maywood Housing Authority

Rental Assistance - The Existing Housing Program - known as Section 8 - is a federal rent subsidy program under which rent assistance payments are made to cover the difference between what eligible low-income tenants can afford and the fair market rent for an adequate housing unit. In suburban Cook County, rental assistance is managed by the Cook County Housing Authority (except in the towns of Cicero, Elgin, Maywood, and Oak Park which have their own housing authorities.

801 S 5th Ave

Maywood, IL 60153

Phone: (708) 345-7350

Cicero Housing Authority

Rental Assistance - The Existing Housing Program - known as Section 8 - is a federal rent subsidy program under which rent assistance payments are made to cover the

difference between what eligible low-income tenants can afford and the fair market rent for an adequate housing unit. In suburban Cook County, rental assistance is managed by the Cook County Housing Authority (except in the towns of Cicero, Elgin, Maywood, and Oak Park which have their own housing authorities.

1634 S Laramie Ave
Cicero, IL 60804
Phone: (708) 652-0386
Website: <http://www.thetownofcicero.com/>

Food Depositories

Beyond Hunger and Oak Park River Forest Food Pantry

Located in lower level of First United Church of Oak Park
Serving 13 zip codes and most suburbs surrounding Oak Park

848 W Lake St
Oak Park, IL 60301
General Voicemail: (708)386-1324
Distribution hours: Saturdays: 9:00am-12:00 pm 1st Wednesday 6:00pm – 7:30pm
All other Wednesdays 3:30pm-5:00pm
Website: www.gobeyondhunger.org

Grace Central Church

10216 Kitchener St
Westchester IL 60154
Phone: (708) 344-5020
Contact: Sylvia Hayde
Hours: Tuesday 5pm-7pm
Service Area: Westchester, Berkeley, Hillside, Bellwood, Stone Park, Northlake, Maywood and Broadview

Westchester Food Pantry

10300 Roosevelt Rd
Westchester IL 60154
Contact: Amanda Grant
Phone: (708) 927-4826
Hours: Friday: 5:30pm- 7:30pm
Service area: Westchester, Bellwood, Berkeley, Broadview, Hillside, LaGrange Park, Western Springs.

Thornton Township Food Assistance Program

We recognize and understand that persons of fixed incomes or underemployed deserve good quality nutritional food, and to be treated with dignity and respect, regardless of race, sex, ethnic background, religion, or socio-economic standing.

15340 Page Avenue

Harvey, IL 60426

Phone: 708-596-6040 Ext. 3180

The Senior Food Delivery Program Administered at this location.

Monday and Friday: 10 a.m. – 12pm and then 1:00 p.m. – 3:00 pm

Wednesday 10am - 12pm and then 4:30pm – 6pm

Bremen Township Food Depository

16361 S. Kedzie Ave

Markham, IL 60428

Contact: Rondal Jones

Phone: (708) 333-9530 x1000

Hours: Every second Friday 10am-12[m Service area: Cook County

West Regional Office (Cicero)

1400 S Austin Blvd

Cicero, IL 60804

Phone: (708) 329-4044

Hours: Monday and Tuesday 9:30am - 11:00am and Thursday 2:00pm – 6:00pm

Legal Assistance

Legal Aid Chicago (LAC)

Free legal forms, referrals and clear information on issues that deal with family, housing, debt, work, adoption, advocacy and more.

120 S LaSalle Suite 900

Chicago, IL 60603

Phone: (312) 341-1070

Website: <https://www.legalaidchicago.org>

Illinois Legal Aid Online

Free legal forms, referrals and information on issues dealing with family, housing, debt, work, and more.

Website: www.illinoislegalaid.org

Legal Assistance Foundation

Our Foundation can assist with Family, Bankruptcy and Civil Rights Pro Bono and Legal Aid Services.

1500 Maybrook Dr. #253
Maywood, IL 60153
Phone: (708) 345-6327
Website: www.manta.com

Medical Assistance

PCC Walk in Wellness Center

West Suburban Medical Center Oak Park, Illinois
Located in: West Suburban Medical Center
3 Erie St #1300
Oak Park, IL 60302
Hours: 9PM -10PM
Phone: (708) 406-3929
Website: <http://westsuburban.reshealth.org/>

Loyola University Medical Center

2160 S 1st Ave
Maywood, IL 60153
Phone: 888-584-7888
Website: <http://www.loyolamedicine.org/>

Presence Holy Family Health

100 N River Road
Des Plaines, IL 60016
Phone: 847-297-1808
Website: http://www.reshealth.org/sub_hfmc/

Mental Health

Presence Adult family and Children Mental Health Center

Outpatient Psychiatry and Substance Abuse
1414 W Main St
Melrose Park, IL 60160
24 hour crisis line (708) 681-4357 or Phone: (708) 681-3958
Website: <https://www.rehab.com>

Gersten Center for Behavioral

Gottlieb Memorial Hospital
Trained staff to help through Therapy and Counseling in both groups and individually.

675 W North Ave Unit 306
Melrose Park, IL 60160
Phone: (847) 329-9210
Website: <https://www.gerstencenter.com>

Summer Camps/School/Programs

Memorial Park District

700 Speechley Blvd
Hillside, IL 60162
Eisenhower Community Center
Contact Laurie Madden- Phone: (708) 547-3900
Registration is Underway Dates: June 8- July 31 (8 weeks)
Day/Time: Monday- Friday 9am-5pm Min/Max: 30/65.
Age: 6-12 years
Fee: \$125 per week July 4th \$100 per week
Website: mempark@msn.com
Before care 7am-9am and after care 5pm-6pm. Fee included.

West Cook YMCA Before and After School

255 S Marion
Oak Park, IL 60304
Phone: (708) 383-5200
Extended hours until 7am-9am and from school dismissal to 7pm
Kindergarten- 8th grade. New* Location St John Lutheran Church
Website: www@westcookymca.org

Brilliant Beginnings

5000 W. 31st St.
Cicero, IL 60804
Contact: Lisa Pintor, Program Director
Phone: (708) 656-9054
Age: 6 weeks to 12yrs
Hours: Monday- Friday 6:00am to 5:00pm. All programs are bilingual
Website: lispintor@brilliantbeginningsinc.com

Rental Assistance

Bethel Community Center Agency

Bethel also works with South Suburban Council for Homelessness to
Provide rent, utility and security deposit assistance for struggling families

Main contact: Rev John Rice or Toni Harris-Taylor
1250 Portland Ave
Chicago Heights, IL 60411
Phone: (708) 758-5585

Website: www.bethelcommunity.org

Alliance to End Homelessness in Suburban Cook County

Coordinates the Cook County Continuum of Care, which encompasses homeless assistance efforts throughout all of Cook County except the City of Chicago.

4415 W Harrison St Suite 228
Hillside IL 60162
Call Center Phone: (708) 236-3261

Vision of Restoration, Inc.

1221 Madison Street Maywood IL 60153
Phone: (708) 344-3774
Email: info@vorhelp.org

South Suburban Housing Center

Provides counseling and intake
18220 Harwood Avenue Suite 1
Homewood IL 60430
Phone: (708) 957-4674
Email: sshc.contact@gmail.com

Respite

Illinois Respite Coalition

Not-for-profit organization of caregivers and respite providers dedicated to advocating support for families by ensuring access to quality respite services for residents of Illinois.

4015 N Oak Park Av
Oak Park, IL 60304
Phone: (773)-205-3631
Email: ilrespitcoalition@gmail.com Website: www.illinoisrespitcoalition.org

Snap Information

Supplemental Nutrition Assistance Program

For information and how to apply please call
Phone: 1(800)221-5689
Website: ABE.Illinois.gov

Transportation

Pace Suburban Bus Services

Transportation, Fares and Discounts for RTA, CTA, Metra and Pace offer various programs that assist qualified riders in lowering their cost to ride transit. Reduced and free fares are available to seniors, Persons with disabilities, Medicare card holders, and Military Personnel. 24 hour advance notice required Senior Ride Free Program.

Website: www.pacebus.com

Phone: (312) 913-3110

Hours: Monday-Saturday 24 hours

West Suburban Medical Center

3 Erie Court

Oak Park, IL 60304

Phone: (708) 763- RIDE (7433)

Website: www.westsuburbanmc.com

Non-emergency medical transportation

Available: Monday-Friday 7:30am-4:30pm

Cost is \$2 each way for service

Pick up from these locations:

West Suburban Medical Center 3 Erie Court, Oak Park

River Forest Medical Campus 7411 W Lake St, River Forest

Cancer Center 7420 W Central Avenue, River Forest

Breast Cancer 420 William Street, River Forest

Advanced Imaging Center 420 William St, River Forest

Northwest Community Healthcare

800 West Central Rd

Arlington Heights, IL 60005

Non-emergency medical transportation

Program hours: Monday – Friday 6:30 am- 6:30 pm

Phone: (847) 618-1000

Website: www.nch.org

Coverage area: Arlington Heights, Buffalo Grove, Des Plaines,

Elk Grove Village and Mount Prospect

Utility Assistance

CEDA- Community and Economic Development Association of Cook County

Offering a variety of services to low-income families and individuals in need.

6141 Roosevelt Rd

Cicero, IL 60408

Phone: (708) 222- 3824

Website: www.cedaorg.net

LIHEAP- Low Income Home Energy Assistance Program

Application period for Energy Assistance will continue to be accepted through May 31, 2020 or until funding is exhausted.

LIHEAP Hotline: 1(877)411-WARM (9276)

Website: <https://www2.illinois.gov>